

**February 26, 2023**

The Lord wants you to live in His liberty and freedom.

**Ps. 34:8 *Taste and see that the LORD is good; blessed is the one who takes refuge in Him.***  
**(NIV)**

I remember as a young boy an old commercial that came on TV. It was sponsored by Alka-Seltzer. The main point was the phrase, 'Try it, you'll like it.' In a sense, that is the admonition of David in today's verse. I remember my grandma loved boiled okra. It looked so gross and slimy to a young boy like me, I just couldn't bring myself to taste it. She would say, "you don't know what you're missing." I still don't. Never did try it. I think to some people, trying to follow God might be just as tough for them to swallow. They think they are going to lose something, and they are. They are going to lose the pain of sin, the consequences of sin and the penalty of sin. Now sin seems gratifying at the moment, but in the end, it brings death and separation from the God who loves you.

In comparison, David says those who will taste of the LORD will experience the blessings of God. He is the One Who will watch over you, protect you and provide for you. He is the only One Who can truly bring blessings into our lives. Money can't do it. Fame can't do it. Power can't do it. The only hope is found in a personal relationship with our Maker and Creator. And then David reminds us that we are to take refuge in the LORD. This means to stay in His presence and protection. I will not fail you. He will comfort you and give you peace. But if you don't believe me today, I will just say, "try it, you'll like it!"

**Dear LORD, You are all that we need dear LORD. You are the Alpha and Omega, the beginning and the end. Everything we would ever need is found in You. Help us to walk in You today. In Jesus Name, Amen**